



# HALTON FOOD FOR THOUGHT

## Our Most Needed Items:

To help students get the nutrition they need, our programs follow strict nutrition guidelines.



Mixed Berry or Strawberry only



Individual packs preferred



Oven baked corn crackers  
(Individual packs preferred)



Apple fruit crumble only



Star puffed crackers



Regular or Multigrain Cherrios or Chex  
(Individual cups)



No Sugar Added Applesauce  
(cups or pouches)



Fruit cups in water or juice  
(Peach, pineapple, mandarin orange or pear)



Compostable cutlery, plates and napkins

All items listed meet these standards — ensuring every bite nourishes our students!

Thank you for supporting Student Nutrition Programs in Halton!  
[www.haltonfoodforthought.com](http://www.haltonfoodforthought.com)